# Discover an extract from the Annecy à la carte program

This extract from the guidebook is an example of what you will get when you organize your stay in Annecy with us. We have left some of the information from the first programme and a full day's stay to be as transparent as possible and to ensure that you like our service before you order.

We organize your stay in a way that makes it as easy as possible for you to organize it. At the same time, we make sure that the programme is adapted to your wishes and constraints. Once you are there, you will be able to follow this guide autonomously. It will give you all the information you need: what to do, how and when to go, what to book and how... You are free to follow it to the letter or adapt it to suit your needs, and we will be on hand to answer any questions you may have before or during your stay to make sure everything goes smoothly.

Each book consists of 2 parts :

- Practical information, common to all Annecy à la carte notebooks and adapted to the season (for example, in winter, the list of beaches becomes a list of nearby ski resorts).
- The programme, which is specific to each person for the tailor-made guidebook, where we create a completely personalized itinerary. We will present you suitable options and then, once you have made your choice, we will write the booklet that you will discover.

This programme was created for a couple with two young children who wanted to spend a weekend in Annecy. They wanted to discover the region through walks and activities adapted to their children, suitable for long but moderate excursions. We also helped them find accommodation adapted to their needs and in a place they liked.

Enjoy reading and see you soon!

Noémie et Solène



# Welcome to Annecy!

The capital of Haute-Savoie, this pretty town is set in an exceptional environment: on the shores of the lake of the same name, bordered on one side by the Pre-Alps mountains and on the other by a beautiful rolling landscape, nature is king here!

This makes the area particularly attractive for outdoor activities. Hiking, swimming, skiing, canoeing, kayaking, wakeboarding, accrobranche, canyoning, paragliding, cross-country skiing... History lovers will also be in their element, as the region has a rich history!

With this guide, I will take you to discover the Annecy region, an area of about 20 km in diameter which includes the lake, the town, the Bornes and Aravis massifs to the east of the lake, the Bauges massif to the west of the lake and the countryside to the west of Annecy.

## A word about Annecy à la carte

Annecy à la carte was born from my desire to share my love for my town and from the observation that when you travel without knowing the place you are visiting, it can be long and difficult to choose the visits that best suit your desires and constraints.

Through this programme, I hope to allow you to see this place through my eyes and to make your holiday a pleasant one!

Noémie

Born in Annecy and in love with my hometown, I decided to join Annecy à la Carte for a year as part of my advanced technical certificate in tourism. Through my work, I want to share my love for Annecy and its surroundings and help you discover places that are still little known to tourists. I hope you enjoy your stay !

Solène

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## Overview of your programme

DAY	MORNING	LUNCHTIME	AFTERNOON	EVENING
FRIDAY 4 NOV Cycling, lake and nature reserve	<i>+ A summary of your programme so you always know where you stand! +</i>			
SATURDAY 5 NOV Mountains and animals				

Find your detailed programme at the end of the introduction!

To book

DAY AND Time	ACTIVITY	CONTACT	PRICE
Friday Daytime	Bicycle	Cyclable 13 rue de la Préfecture <u>www.velo-annecy.fr</u> 04 50 65 09 09	22 per bicycle OR 49 per electric bicycle 22€ per child trailer
Friday Dinner	Savoyard Dinner	Le Freti 12 rue Sainte Claire <u>www.lefreti-annecy.fr/</u> 04 50 51 29 52	18-20€ per dish

To put in your suitcase

Remember to bring the following items

- Comfortable walking shoes
- A small rucksack and water bottle

Warm clothing, dressed in layers, including a windbreaker or mackintosh.

Small gloves, scarves and hats

An umbrella

And to download the following applications: Google Maps (for GPS) OpenRunner (for walking maps) Mapstr (for our good addresses

Discover the Annecy region

#### **A BIT OF GEOGRAPHY**

Annecy and its lake are located in the southwest of Haute-Savoie.

It is made up of two types of region: the Savoy foreland, at an altitude of around 500 meters, made up of limestone and molasse plateaus, to the west of the town; the Pre-Alps, medium-altitude mountains (an average of 1,200 meters), around the lake, with the Bornes and Bauges massifs. Further on, the Grandes Alpes begin, which include Mont Blanc, the highest massif in Europe, which peaks at 4,807 meters.

+ A few more paragraphs on the local geography to better understand the environment! +

#### **HISTORY OF THE PLACE**

The shores of Lake Annecy have been inhabited since prehistoric times, including settlements on stilts. The Musée-Château d'Annecy gives a good account of this part of history.

The territory changed hands several times. The old town was first built on the plain of Annecy, then on the hill of Annecy-le-Vieux, before being established on the site of the present old town in the 11th century.

 2 more pages on the history of Annecy and its region, to help you discover a little-known route! +

#### AND WHAT ABOUT ITS INHABITANTS?

The Haute-Savoie has a population of around 850,000 (and is growing by 10,000 a year), but Annecy, its capital, has 130,000 inhabitants since it merged in 2017 with 5 other communes that you are likely to hear about during your stay (Annecy le Vieux, Seynod, Cran-Gevrier, Meythet and Pringy).

+ A little more detail on the local demographics +

#### **SAVOYARD GASTRONOMY**

In addition to raclette, fondue and tartiflette, there are other Savoyard specialities that vary from place to place.

The basic ingredients remain potatoes, cheese, pork and white wine.

Here is a non-exhaustive list of the specialities you can try during your stay:

#### Savoury dishes:

▶ Pela: the dish that would have inspired tartiflette. Potatoes cut into small squares and fried with Reblochon cheese.

▶ Beignets de pomme de terre

Matafan: "mate faim", thick pancake (can be eaten in a sweet version).

Farçon: a cake made of grated potatoes and dried fruit (prunes, figs...) covered with thinly sliced bacon. Fish: Arctic char, trout, pike, perch, fera, fried perch

▶ Polenta: corn flour cooked in different ways, very good with cheese or meat.

► Crozets: small square pasta, usually cooked in the oven (croziflette or gratin with Beaufort)

Berthoud: hard cheese baked in white wine, served with potatoes

Croûte: stale bread soaked in white wine, covered with cheese and baked in the oven.

#### **Desserts:**

Several categories of local delicacies, to make your mouth water :) +

Restaurant Suggestions

Here is a map of my good addresses, the ones we personally like and recommend.

We recommend that you check them using the Mapstr application (to access the map and our comments on each suggestion):

+ A QR code to our Mapstr, to find your ideal restaurant among our favorites + This is also in list format:

#### **RESTAURANTS :**

- ► AMMA 13 Rue Royale, 74000 Annecy, France
- ▶ Bistro des Tilleuls 13 Chemin de la Prairie, 74000 Annecy
- ► Les Moustaches de Zébulon 37 Avenue de Loverchy, 74000 Annecy
- ▶ Yatta ! Ramen 11 Rue des Écoles, 74940 Annecy
- ► La Table d'Ébène 4 bis Avenue d'Aléry 74000 Annecy
- ► La Ferme de Charbonnière 1539 Route de Thônes, 74290 Menthon-Saint-Bernard
- ▶ Restaurant La Boussole 691 Route d'Albertville, 74320 Sévrier
- ► La Ferme du Pépé 44 Route de la Patinoire, 74450 Le Grand-Bornand

#### **BRUNCHS**:

### 7 categories with a varied offer, described on the map: Brunch, ice cream and crêpes, bars, tea rooms, bakeries and even chocolate shops for a final treat! +

What if it rains?

The old town can be visited in the rain, as its many arcades provide shelter if necessary. Take advantage of the rain to visit a selection of indoor venues. We highly recommend Santa's Hamlet with children as the whole world is magical for both children and parents.

#### **MUSEUMS** :

- ► Château d'Annecy place du Château, 74000 Annecy
- ▶ Palais de l'Isle 3 passage de l'Île, 74000 Annecy
- ► Château de Montrottier 60 allée du Château, 74330 Lovagny

Other museums, art galleries, covered boat trips and local theaters, so you can enjoy
your destination in the rain. +

Getting around

#### **ON FOOT**

The center of Annecy has many pedestrian streets, making it pleasant to walk around. There are many pedestrianized walks around the lake. You can even walk around the lake! This is a great way to get around for short trips.

#### **BY BIKE**

The city and the lakeside are ideal for cycling: cycle paths, low gradients (except between Menthon and Talloires), beautiful scenery, it's the ideal way to get around!

If you don't have a bike, you can rent one for €20-25 per day for a classic bike or €40-50 per day for an electric bike.

Here is a selection of bike hire companies in Annecy:

Several bike hire companies depending on your location. +

#### **BY PUBLIC TRANSPORT**

The area is served by

► Urban buses (SIBRA), which cover the Annecy agglomeration, the lakeshore up to Talloires on one side, Saint-Jorioz on the other, as well as the Semnoz mountain and the Glières plateau. Itineraries on Google Maps and on www.sibra.fr .

► The Haute-Savoie intercity bus network, which serves La Clusaz and Le Grand Bornand in particular with the Y62-Y63 lines, on <u>www.altibus.com</u>.

#### **BY CAR**

Cars are not recommended for short trips: in Annecy, the city center is almost completely closed to traffic. Traffic jams are common in the city and on the lakeshore, especially at the end of the day on the routes from the lake to Annecy. Depending on where you are, the ideal solution is to use other means of transport first, or to park your car in a car park on the outskirts of town before continuing on foot. In the mountains and in some places around the lake, a car is practical or even necessary. Buses cover much of the area but can be restrictive, especially in terms of timetables.

#### How to park in Annecy?

► Free parking around rue André Theuriet (east),

+ The most convenient free and pay car parks and the possibilities of short-term subscriptions +

### Markets

The best markets in Annecy are on Tuesdays and Fridays in the old town and on Saturdays on Boulevard Taine.

Here are all the markets in the area, day by day (open in the morning unless otherwise stated):

Monday	La Clusaz, place de l'Eglise		
Tuesday	Annecy, vieille ville Annecy, place des Romains Lescheraines, place des Cantalous		
Wednesday	+ All the markets in the area day by day +		
Thursday			
Friday			
Saturday			
Sunday			

Beaches around the lake

The lake is very pleasant for swimming in the summer. The average temperature is 24°C and there are access points around the lake, usually grassy beaches, for swimming and relaxing.

Out of season, all beaches are free to use during the day and are great for a picnic or a short walk! There are also public access points along the length of the lake, which do not offer all the comforts of the beaches, but are generally less crowded.

CITY	ADDRESS	SPECIAL FEATURE
Annecy Les Marquisats	Rue des Marquisats 74000 Annecy	Supervised swimming 10am-7pm (July-August) Snack Bar Toilets Very popular in summer
Annecy	30 avenue d'Albigny	Supervised swimming

Impérial	74000 Annecy	Public toilets Beach Volleyball Diving Pool Beach bar Water access via ladders
Annecy Albigny	Avenue du Petit Port 74940 Annecy-le-Vieux	Supervised swimming 11am-7pm (July-August) Ice cream available Disabled toilets Floating chair available for those with reduced mobility Very popular in summer Gently sloping sandy beach
		+ The 13 beaches around the lake and their characteristics, to help you choose the best place for a swim! +

Recycling in Annecy

The rules for recycling waste vary from place to place. Around Lake Annecy, the recycling rules are as follows

Recycling bins (yellow bins):
Plastic bottles and flasks
Metal packaging (cans, tins, aerosols, etc.)
Food cartons, cardboard boxes
All paper

Non-recyclable waste bin (black bin):

Plastic film and bags, trays and small plastic or polystyrene packaging, cream, yogurt and flower pots and tissues

Light bulbs, broken crockery (plates, glasses, cups), corks

Glass containers (collective containers in public places) Glass bottles, jars and pots without caps or lids

+ We also think about recycling to make sure we put the right waste in the right place! +

# **FRIDAY 4 NOVEMBER**

By bike! Cycling, lake and nature reserve

A day of sport (for the parents) and discovery (for the whole family),
where we provide all the necessary information, from the nearest bike hire to family accommodation, to the route to follow by bike and then on foot,
with nice additional activities to do if they want to continue their discovery! +

# **SATURDAY 5 NOVEMBRE**

#### At the top - Mountains and animals

Today we will be heading for the heights, with a quieter day than the day before as we will be travelling by car.

We suggest a visit to the Semnoz, the mountain that borders Annecy to the west and marks the beginning of the Bauges massif, where the famous Tome des Bauges is produced.

The day begins with a stop at the Parc aux Biches, located in the forest on the way to the top of Semnoz.

Then enjoy the exceptional views from the summit by walking on the plateau above.

Return to the other side, towards the Col de Leschaux, to do one of 2 activities of your choice: a visit to a dairy farm in the heart of the Bauges (stables open from 4pm to 7pm, 20 minutes from the summit) or a pony ride near the lake at Sevrier (activity possible until 5pm, no booking required, 35 minutes from the summit).

#### Gear for the day:

- Walking shoes
- Water and a snack and/or picnic
- Sunscreen and sunglasses
- Comfortable clothing, dressed in layers
- Cash if needed (catering/cheese)

# Grande Jeanne Wildlife Park

On your way to the Semnoz, stop off at the city of Annecy's educational wildlife park, known as the Parc aux Biches. You will see non-domestic animals: fallow deer, red deer, roe deer and Corsican mouflon.

►Address : 14 route du Semnoz►Fee: gratuit

Semnoz Plateau

#### **PRACTICAL INFORMATION :**

#### ▶ How to get there :

By car: at the top of Semnoz, park at Courant d'Ère / Chalet nordique du Plateau (30 minutes from Annecy).

#### Link to the course :

https://www.openrunner.com/r/13876846

- ▶ Walking time: 1h30-2h
- ►Distance: 6 km
- ▶ Height difference: 120 m
- ► Difficulty: easy
- ► Fee: free activity



#### **RECOMMENDED ITINERARY :**

Welcome to the top of the Semnoz, with a panoramic view of the Bauges massif on one side and the countryside between Aix les Bains and Annecy on the other!

The aim of this walk is to circumnavigate the Semnoz plateau. From the car park, start the walk by heading towards the plateau. Go past the chairlift and follow the path to the right, where you will have a beautiful view of the countryside around Alby-sur-Chéran and a small part of the Lac du Bourget. You can follow the signs for the Semnoz refuge (0450525018), which is open in summer and at weekends and serves delicious Savoyard dishes on its terrace. Continue your walk along the circuit of the lakes, which will take you to the top of the hill where you can admire the mountains and villages of the Bauges.

On this plateau, there is no need to follow a strict itinerary: let your imagination run wild and explore this area as you please! If you're tired, don't hesitate to shorten the route to get back to your car more quickly.

During your walk, you will pass by several mountain farms: in summer, the cows come up to graze on the rich grass that is used to make good cheese, and then they come back down to spend the winter.

After your walk, you can choose between the following two options, depending on your mood and the time you want to finish your walk. In either case, you will descend from the Semnoz on the opposite side of the valley to where you arrived, allowing you to discover new landscapes and enjoy a beautiful view of the lake on your way back to Annecy.

# Option 1 : Pony !

If your children would like to see an animal up close after their encounter with the deer this morning, head for La Cavale, a horse-riding centre in Sevrier on the edge of the lake. Children can take pony rides.

On Saturdays, these 30-minute rides are available without booking until 5pm. The riding centre is about 35 minutes' drive from the top of Semnoz, down the mountain towards the Col de Leschaux and then towards the lake.

►Address : La Cavale - 695 Chemin des Communaux - 74320 Sévrier

- ► **Timetable :** in the afternoon until 5pm
- Duration of the activity : 30 minutes
- ▶ Fee: 10€ per pony

►Website : <u>https://lacavale74.fr</u>

•Contact: 04 50 52 64 21

Option 2 : farm visit

If you prefer to sample one of the local specialities, cheese, then head for the Noisetiers farm, just below the Col de Leschaux, a 20-minute drive from the summit of the Semnoz. During the shop's opening hours (16:00 - 19:00), you can see the animals in the barn just below (white door of the building on the ground floor to the right of the shop). This dairy farm has its summer quarters on the mountain pasture of Semnoz, where you were before. The cows move from the valley to the mountain in late spring, and from the mountain to the valley in autumn, where they stay for the winter.

While you're there, buy yourself a nice cheese platter tonight, and if you want to take some for later, hard cheeses freeze well, as does raclette.

If you have chosen the pony ride and want to try some good cheese, stop by the Gay cheese shop on your way home, near your accommodation. The cheese is more expensive than at the farm, but of very good quality.

Notes

Thank you for visiting and see you soon !